



REGISTERED PSYCHIATRIC NURSES'
FOUNDATION INC.

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2020 Board of Directors

President	Bonny Wynnobel
Vice-President	Marg Synyshyn
Secretary	Bev Gradidge
Treasurer	Doreen Fey
Scholarship Chair	Amy Martyniuk
Scholarship Co-chair	Beverley Hicks
Awards Co-chair	Mallory Schmitz

Dana Naismith

Kim Toews

Marycia Kruk

Danah Bellehumeur

Jennifer Adair

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We know how hard you're working right now.

The Registered Psychiatric Nurses Foundation Board, Directors and staff wish to thank you personally for your courage and sacrifice.

It's a difficult time, but together we will get through it. You have our backs right now, and we want you to know that we have yours.

Stay safe, and stay strong.



2020 Board Members Bio's

Bonny Wynnobel, PN (retired)

President



Bonny is a retired registered psychiatric nurse with 39 years of experience in the field of mental health. The majority of her career was leading the Selkirk Mental Health Centre (SMHC) through major transformation initiatives. From Education Services to Continuous Improvement, to MB Health Policy and Planning to her unique role as Redevelopment Coordinator, Bonny lead projects with a patient safety and recovery-oriented lens. She consistently consulted the people with lived experience, families, staff, leadership, stakeholders, community partners and other national and international people to discover and implement new ideas and create new best practices.

Some of the projects included: establishment of the Family Advisory at SMHC, construction of the Tyndall Building and Acquired Brain Injury Residence; development of the acquired brain injury program; evaluation of the Psychosocial Program; implementation of a new pharmacy medication dispensing system; implementation of a comprehensive electronic clinical record (including Resident Assessment Instrument for Mental Health (RAI-MH) and National Rehabilitation Reporting System (NRS); participation in the Canadian Mental Health & Addictions Quality Initiative; assisting Artists in Healthcare to provide clients a range of opportunities in art, music, dance, and Playback Theatre; and completed the 2015 Selkirk Mental Health Centre's Consultation Strategy and Environmental Scan to assist SMHC in its ongoing strategic directions.

In 2017, Bonny was one of 150 Canadians chosen as a "Difference Maker" in mental health and addictions and in 2019 won the Manitoba Government Service Excellence Premier's award.

Marg Synyshyn RPN BHS (Psych. Nsg.), MA.

Vice-President



Marg Synyshyn worked in the area of child and adolescent mental health as a clinician, manager and director for over 30 years. Marg recently retired as the CEO of the Manitoba Adolescent Treatment Centre (MATC), a position that she held from 2014 - 2019 and Director, Child and Adolescent Mental Health Services, WRHA Mental Health Program. Marg has done many presentations, locally, nationally and internationally, on the topics of child and adolescent mental health, mental health service delivery and gender issues in the area of mental health. From 2007 to 2012, Marg had an appointment to the Child and Youth Advisory Committee for the Mental Health Commission of Canada. As well, Marg is a knowledge user on a number of CIHR funded research projects provincially. She is sought out by for commentary and advice on the topic of child and youth mental health by other service providers, government departments and the media. Marg has held the position of President of the College of Registered Psychiatric Nurses of Manitoba, as well as National President of the Registered Psychiatric Nurses of Canada. She was the 2008 Manitoba recipient of the Registered Psychiatric Nurses of Canada award for Professional Leadership. Marg has served on various committees with the RPN. In 2010, Marg received the Marlene Fitzsimmons Scholarship for her presentation overseas.



Bev Gradidge RPN, BScMH

Secretary



Bev graduated from Brandon Mental Health Centre (BMHC) in 1982, and completed her BScMH (post diploma degree) at Brandon University in 2004. Bev provided acute in-patient services as a Registered Psychiatric Nurse at BMHC and worked as an Adult Community Mental Health Worker in Central Region, moving into management in Southern Health, and subsequently at the Crisis Response Centre, WRHA prior to her retirement in 2018. Bev was gold medalist (BScMH) as well as recipient of the Kay Armstrong Scholarship (BScMH), RPNF Award of Excellence (Leadership), Mental Health Hero Award (Central Region), and Quality Service Award (Southern Health). Areas of interest have included Recovery-Oriented practice, Dialectic Behaviour Therapy, Peer Support and Offender Treatment. Bev believes that the RPNF's support of the profession through scholarships and awards promotes psychiatric nurses as front-runners in achieving best-practice mental health service across Manitoba and Canada.

Doreen Fey RPN, BA, MSA

Treasurer



Doreen graduated as an RPN in 1979, received her BA in 1991 and MSA in 1997. Doreen's clinical roles were at SMHC, Seven Oaks Psychiatry and Manitoba Adolescent Treatment Centre. Her leadership roles began at MATC as Director of Residential Services. In 1997 she was intrigued as regionalization was beginning in Manitoba. She became the VP Planning in the Interlake Regional Health Authority from 1997-2012 and her responsibilities included Mental Health services, health planning, strategic planning, capital projects, and leadership in areas like Quality, Risk Management and Patient Safety. In 2012 she assumed a new portfolio when two regions amalgamated as VP Primary Health Care which included mental health, public health, community wellness, chronic disease prevention, nurse practitioners and First Nations and Metis Health. As a leader in large complex health systems, her education and skills as a RPN were always a great asset.

Doreen has been an Accreditation Canada national and International surveyor since 1999 and continues as a fellow with the organization. On a volunteer basis Doreen has been on the Board, Treasurer and Advisory Committee member with the CRPNM, and as a Board Member for the Manitoba Branch of the Canadian Cancer Society.

Since retiring from the RHA in 2015, Doreen has continued to be a health management consultant focusing on organizational design and strategic, operational and capital planning. She has also become an investigator for the CRPNM. Doreen is a strong advocate for registered psychiatric nursing education, role development and promoting the attributes of this unique profession.

Amy Martyniuk RPN, BScPN, MHS

Scholarship Committee Chair



Amy Martyniuk has been working with the Correctional Service Canada's Community Mental Health program since May 2007. She graduated from Brandon University in 2002, with a Bachelor of Science in Psychiatric Nursing; and in 2017 she graduated from Athabasca University with a Masters in Health Studies. Amy's experience includes: working in the field of community mental health; addiction, including methadone maintenance; crisis stabilization; and working on inpatient psychiatry units. She is currently responsible for the coordination of mental health services and supports for offenders with mental disorders on conditional release from federal institutions and for facilitating continuity of care in community. Amy also provides training to parole officers, police officers and other professional and non-professional groups in the areas of mental health, FASD, addictions, employment and intervention strategies. In 2016 Amy received the Alf Barnett and John Crawford Scholarships for her master's work related to "Effective intervention strategies for working with adults with FASD and co-occurring mental health challenges". Amy enjoys volunteering and public education in the areas of mental health, Women's issues and FASD, and hopes to continue in this capacity in part through her role as a board member.



Dr. Beverley Hicks PN(retired), BN, MEd, PhD

Scholarship Committee Co-chair



Dr. Beverley Hicks came from New Zealand as a registered nurse to complete the post-graduate psychiatric nursing diploma at Brandon Mental Health Centre in 1967. The majority of Beverley's practice was as a Community Mental Health Educator, and during Mental Health Reform in the nineties, as a Resource Developer. She completed her career as Faculty at Brandon University in the Department of Psychiatric Nursing. In 2008, Beverley earned a PhD with her research entitled, "From Barnyards to Bedsides to Books and Beyond: the Evolution and Professionalization of Registered Psychiatric Nursing in Manitoba 1955-1980". She has just completed a book on one hundred years of psychiatric nursing in Manitoba entitled, "Politics, Personalities, and Persistence: One Hundred Years of Psychiatric Nursing Education in Manitoba." Beverley is very supportive of the RPNF having served on the board since 2009, and as chair of the Scholarship Committee since 2010. In this position she has worked with RPN's in Manitoba and nationally to annually receive, evaluate and recommend the seven Manitoba and National scholarship recipients to the board. Beverley continues to support the evolution of psychiatric nursing in Canada through her writing and sharing her knowledge and expertise with the RPNF board.

Mallory Schmitz RPN BScPN



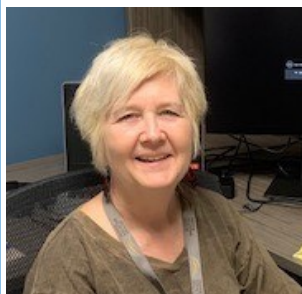
Mallory completed her B.Sc.P.N. from Brandon University in 2005. Since that time she has worked at Selkirk Mental Health Centre as an RPN in both the Geriatric and Rehabilitation Programs. Mallory currently works with Education Services as a Mental Health Nurse Educator supporting the 230 nurses at SMHC in their professional development. She coordinates the placement of student nurses completing their mental health clinical rotations, is a Mental Health First Aid trainer and facilitates the Applied Suicide Intervention Skills Training (ASIST) program.

Dana Naismith, RPN, BScPN, MHS



Dana graduated from the BScPN program at Brandon University in 2003, part of the first class to complete the whole four-year program at the Winnipeg campus. She had her first son after graduation so started her career working part-time at the Manitoba Adolescent Treatment Centre. Eventually she moved into a full time position and after about 5 years began working at the Addiction Foundation of Manitoba's Methadone and Suboxone Program. It was during that time that she began and completed her Master's degree in Health Studies through Athabasca University. When she completed her MHS in 2015 she went to work at Brandon University in the Psychiatric Nursing program, Winnipeg campus. She is currently on a tenure track as Assistant Professor.

Kim Toews, RPN, ADPN, BScPN, MPN



Kim is currently the Manager of a Primary Health Care Centre in Ste. Rose du Lac. She also provides leadership to the Health Promotion Program and is responsible for collaborative service at the Ste Rose Primary Health Care Centre. Her previous experience includes as a Community Mental Health Worker in Parklands and in Central Regions; working at the MATC; Project Manager, Crisis Worker, Mental Health Promotion Facilitator and Mental Health Clinician in Southern Region; and, Liaison Nurse for Westman Crisis Services. Her Master's thesis project (in the Leadership stream) studied the unique experiences of psychiatric nurses in rural and isolated areas.



Marycia Kruk BA, LLB



Marycia graduated from Brandon University in 2005 with a Bachelor of Arts. She attended law school at the University of Manitoba and graduated in 2009 with her Bachelor of Laws. Marycia went on to article with Manitoba Prosecutions at their Brandon office and was Called to the Bar in Manitoba in 2010. She continued to work for Manitoba Prosecutions until 2013. Through her work she received experience and training relating to mental health, addictions, FASD awareness, and psychiatric reports.

Danah Bellehumeur, C.Mgr



Danah is a Chartered Manager with the Canadian Institute of Management and has an Advanced Accounting Certificate from the University of Manitoba. She is the Executive Director for the University Medical Group (UMG) which is a business office for more than 600 doctors. UMG is a non-profit association of doctors that are faculty members in the Max Rady College of Medicine at the University of Manitoba. UMG doctors teach students and other learners, conduct research on behalf of the University, lead/manage programs, and provide clinical services at one or more of its affiliated teaching hospitals. Prior to UMG, Danah worked at the Selkirk Mental Health Centre (SMHC) for 12 years, starting as the Manager of Financial Services, then the Manager of Support Services, and finally as the Chief Executive Officer for her last 8 years. Danah is committed to lifelong learning and is passionate about helping organizations find ways to achieve excellence. Danah is most proud of being part of the team that lead SMHC from 'Accreditation with Condition' to 'Accreditation with Exemplary Standing' during her time as CEO.

Jennifer Adair, BA (Adv), BScPN, RPN



Jennifer graduated from the BScPN program at Brandon University's Winnipeg Campus in 2009. She started her career as an RPN at St. Boniface Hospital in the inpatient adult mental health unit. From there she moved to the Addiction Foundation of Manitoba's Methadone and Suboxone treatment program. Jennifer is a student in the Master of Psychiatric Nursing program at Brandon University, specializing in Education. She is currently working as an Instructional Associate with the Brandon University Department of Psychiatric Nursing at the Winnipeg Campus.



Annual General Meeting

President's Report

REPORT TO THE 2020 ANNUAL GENERAL MEETING May 14, 2020

The Registered Psychiatric Nurses' Foundation's (RPNF) is a registered charitable organization, with the mission to raise funds that will be used to promote excellence in psychiatric nursing education, clinical practice, leadership and research. Through the generous donations of our donors, the Foundation is able to sustain a permanent endowment fund to provide annual:

- **National and Provincial Scholarships** to students of Psychiatric Nursing and Registered Psychiatric Nurses who have met specified criteria and are enrolled in approved under-graduate or graduate programs which advance the profession of psychiatric nursing;
- **Awards of Excellence in Psychiatric Nursing Practice** to Registered Psychiatric Nurses (RPNs) who are practicing in Manitoba, to acknowledge contributions of RPNs to the professional within the four domains of psychiatric nursing practice; and to provide public recognition of the professionalism and practice excellence that exemplifies the profession of Psychiatric Nursing;
- **Medal of Excellence** to two graduating students in the Bachelor of Science in Psychiatric Nursing Program at Brandon University (Winnipeg and Brandon Campus).

This year, the RPNF allocated \$4,500.00 in scholarships and awarded two Awards of Psychiatric Nursing Excellence in the areas of Leadership and Clinical Practice.

The **Registered Psychiatric Nurses' Foundation Inc. Bursary** is managed by Brandon University. Annually this bursary is awarded to a full-time undergraduate student who has completed their 3rd year and will be entering their 4th year of the Bachelor of Science in Psychiatric Nursing (B.Sc.P.N.) program and has a financial need. In 2019 the recipient was awarded \$700.00 (amounts are based on market value).

This past year the Foundation has been moving towards a greater independence from the College of Registered Psychiatric Nurses Manitoba (CRPNM). The RPNF supports the profession through Scholarships and Awards, while the CRPNM is a regulatory body for Registered Psychiatric Nurses in Manitoba. Although the RPNF's physical/mailling address does remain the same as the CRPNM, the Foundation mainly operates virtually. As a result of this change, the CRPNM debit plan was discontinued. Following an extensive review, we determined that CanadaHelps and cheques are the best ways for donors to donate to the Foundation. We have also contracted accounting and administrative support services to support our activities. **"Addendum: Etransfer also now available to info@rpnf.ca"**

I would like to thank Laura Panteluk, John Schmidt, and Marigrace Licerio and Sherry Leynes of the CRPNM who provided support through this transition.

Highlights.....

- Allocation of \$4,500 in Scholarships;
- Awarding of two Awards of Excellence (Clinical Practice & Leadership);
- Assumption of Brandon University Medal of Excellence Awards;
- Setting up accounting and administrative function independent from CRPNM;
- Promotion of Canada Helps Donor Option & discontinuance of RPNF Debit Plan;
- Establishment of contract with Websites. Ca;
- Move to GotoMeeting teleconferencing;
- Initiation of Google Drive data storage system;
- Assertive policy review and development;
- Grey Cup Fundraiser and Water Bottle sales;
- Election of new Board Members



As Psychiatric Nurses we should remember to practice what we preach in psychiatric nursing . . . take care of your mental, physical, spiritual and emotional self.



Other improvements the Directors have been working on include: new web host to ensure greater support with updating and enhancing of our website; utilizing new teleconferencing capabilities; working to establish a new document management system; and the continued process of updating and developing new policies to assist in streamlining and documenting Foundation processes.

The Foundation is very grateful to our donors who are key to assisting the Foundation to reach its vision and accomplish its mission. We will work to find better ways to connect and recognize our donors.

Thank you to everyone who supported our annual Grey Cup fundraising event. Special thanks you to Amy Martyniuk, Board Director, who leads this fundraiser.

I would also like to extend a huge thank you to the Directors! You have worked diligently towards the continuous improvement of the various components of the Foundation.

Here is a summary of the RPNF's financial position as audited. The full statements are available to any member of the public and are available on the RPNF website www.rpnf.ca.

BOARD OF DIRECTORS:

Bonny Wynnobel, Doreen Fey, Bev Gradidge, Marg Synyshyn, Amy Martyniuk, Mallory Schmitz, Dana Naismith, Kim Toews, Beverley Hicks.

We have three new people, Danah Bellehumeur (a Chartered Accountant), Marycia Kruk (a Lawyer) and Jennifer Adair (RPN, BScPN, BA, Adv) Brandon University, Faculty of Health Studies) who accepted an invitation to join the board and have been elected.

Departing members: Darlene Henry, Karen Street, Tanya Denys

Respectfully submitted,

Bonny Wynnobel, President

RPNF INC.

Statement of Financial Position

December 31, 2019

	2019	2018
ASSETS CURRENT		
Bank	\$ 16,327	\$ 14,942
Marketable securities	\$ 83,365	\$ 81,914
Accounts Receivable	\$ -	\$ 1,754
	<u>\$ 99,692</u>	<u>\$ 98,610</u>
LIABILITIES CURRENT		
Accounts payable	\$ 1,265	\$ 1,000
Due to CRPNM	\$ 179	\$ 1,031
	<u>\$ 1,444</u>	<u>\$ 2,031</u>
NET ASSETS		
GENERAL FUND	<u>\$ 99,692</u>	<u>\$ 98,610</u>
	<u>\$ 99,047</u>	<u>\$ 94,666</u>



Awards of Excellence in Psychiatric Nursing Practice

Uzoma Asagwara

Award of Excellence in Psychiatric Nursing Practice - Leadership



Uzoma is an excellent Registered Psychiatric Nurse who provided excellent front line nursing services at Manitoba Adolescent Treatment Centre (MATC) and the Selkirk Mental Health Centre (SMHC) for many years. Through informal leadership, in these organizations, Uzoma mentored entry to practice nurses, nursing students, and "roles in SMHC's ECT department, as well as providing training to nurses in assessment and intervention for substance use disorder. Although their frontline practice was exceptional, it is their advocacy and community development work that sets them apart from their peers.

Uzoma is a founding member of the organization Queer People of Colour (QPOC). QPOC is a community activist group that strives to create safer spaces for where Queer and Trans People of Colour feel represented, respected and inspired. Uzoma is a leader in the 2SLGBTQI+ community, and is a shining example of respectful, assertive, and effective activism.

Uzoma was recently elected the Member of the Legislative Assembly for the riding of Union Station, in downtown Winnipeg, and Health Critic in the shadow cabinet of the Manitoba NDP opposition. They are among the first 3 black people to hold the office of MLA in Manitoba. They are one of the first few RPNs to hold provincial office in Manitoba's history. In their role as MLA and Health Critic, Uzoma works daily to ensure that government is accountable to the patients in Manitoba hospitals, clinics, and other health services, and ensures that the government keeps patient safety and quality care as priorities. As part of this work, Uzoma has tabled bill 205, which seeks to ensure that health authorities are transparent about the use of mandatory overtime for nurses, ensures that mandatory overtime is used only as a last resort, rather than a routine staffing tool, and seeks to prevent repercussions for nurses who prioritize patient safety by refusing to work unsafe overtime. In addition, Uzoma understands that crime, poverty, and substance use are public health issues, and is a vocal proponent of investments in housing, social services, harm reduction, and other interventions that seek to create fair, equitable, and just care for all Manitobans. They have spoken at length in the legislative assembly about the importance of a coordinated government response to the upswing in methamphetamine use in Manitoba and are a strong voice in the opposition's push for HIV pre-exposure prophylaxis (PREP) to be included in the provincial formulary and available to everyone who needs it."

Uzoma was nominated by Michael Sokolyk and Melissa Shaw

Wendy Bancescu

Award of Excellence in Psychiatric Nursing Practice - Clinical



Wendy graduated from Brandon Mental Health Center (BMHC) Psychiatric Nursing program in 1984. Initially and briefly she worked in a geriatric setting at which time she solidly declared her goal of working with children and youth. This came to fruition in 1985 when she began at the Adolescent Day Treatment Program at BMHC. Her clinical skills developed early and she was recognized as a gifted clinician by children, families, and colleagues.

Her commitment to ongoing development lead her to the role of working in Health Promotion as a Community Mental Health Worker. At which time she successfully completed her Provincial Community Mental Health Modules.

Leaving the security of the Provincial Government ,Wendy took the risk and joined fellow RPN,s in private practice at Foster Counselling. At Foster counselling she elivered a variety of individual and family counselling services. In her role there she was instrumental in developing a social skills program for Fort la Bosse.



Through her passion and skill of working with children, and her pride of profession she promoted herself and was then hired as the first RPN counsellor with the Fort la Bosse School Division in 2007 (possibly first in the province). Wendy, as a member of the student support team provides direct service to students, and their families. In addition to her large case load she is an active participant and leader in the division's social justice committee, mental health and wellness committee, trauma team, and is the trainer of Non Violent Crisis Intervention. She is recognized as a key consultant within the division and is always a strong advocate for students. This includes being a significant resource in linking the student to external resources.

Additionally she organizes wellness days, breakfast program, and supports all areas of mental wellness within the schools.

A quote from her current supervisor summarizes it best. "Wendy is an asset to our Fort la Bosse team and has developed the student support worker role to one that is both respected and admired throughout the division. She promotes effective interpersonal development and supports/facilitates specialized programs. Wendy has developed and implemented training and/or provided support to staff to meet the needs of the children. She is a great team member and a pleasure to work with. Always positive, makes authentic connections with staff and students, mindful and respectful. Excellent collaboration with staff, excellent rapport with students, she actively pursues mental health supports for all students, willing to adjust her schedule to meet needs, respectful of family dynamics across many cultures. She participates in professional development, is professionally discreet, and has an uplifting presence"

Wendy demonstrates exemplary commitment to ethical practice. She finds the balance in her role as a clinician where she is delivering service in the same community where she lives and where she and her husband have raised their three daughters.

She has skillfully developed her ability to maintain her own mental health which includes practising many of the same methods of self-care she promotes with others. "She walks the talk"

Wendy is a visionary, always enthusiastic, and creative in her ability to build rapport with children, families, peers and the community at large. Through trust building, confidentiality, and empowerment she promotes positive thinking and self-esteem. Through humor, genuine caring, and ability to engage in a respectful manner, she has developed great skill in bringing out the very best in all that she interacts with. No challenge is too great, no problem too small.

She is a pioneer in promoting the role of an RPN in a school environment. She has remained loyal to and proud of her Psychiatric Nursing profession.

Wendy was nominated by Barbara McConnell, Irene Martineau and Lynda Stiles.

Please join the Registered Psychiatric Nurses Foundation Inc. mailing list.

To facilitate communication with RPN's we ask you to provide us with your email address.

"SIGN UP" on the RPNF website: www.rpnf.ca

Check us out on our social media pages, and find out what is new with psychiatric nurses and the RPNF!

Follow us on **Instagram** at <https://instagram.com/rpnfca>.

Follow us on **Twitter** at <https://twitter.com/rpnfca>.

Follow us on **Facebook** at <https://www.facebook.com/rpnfca>.

New to any of these apps? Visit your app store for free downloading.



Congratulations to the 2020 RPNF SCHOLARSHIP RECIPIENTS

The awarding of these scholarships is based on the academic and scholarly work of the applicant. The RPNF is concerned with academic excellence in both undergraduate studies in an approved psychiatric nursing education program, and with psychiatric nursing education at the masters and doctoral levels.

Manitoba based scholarships:

Kay Armstrong Scholarship is awarded to a 4th year student in the baccalaureate program at Brandon University, with a minimum GPA of 3.0.

Janaya Rieger



Janaya is a fourth-year student in the BScPN at the Winnipeg site. She describes herself as a mature student who worked in the restaurant industry where she developed leadership, coordination and decision-making skills which she feels will benefit her in psychiatric nursing practice. Janaya also volunteered on the Bike Ride for the MS Society and was a teaching and research assistant during her BA at U of W. Her career goals are to work in the field of addictions and to develop prevention programs.

Adefemi Aderounmu



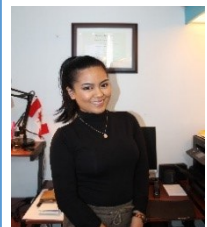
Adefemi, a fourth-year student in the BScPN at the Winnipeg site and received a Kay Armstrong Scholarship. Adefemi is from Nigeria where he had taught physics. Since coming to Canada, he has held positions as a security guard and health care aide. He is the student representative on the Health Studies policy committee. Adefemi volunteers at Misericordia Spiritual Care Centre where he works collaboratively with other team members. All these experiences will help him in his career as a psychiatric nurse. As well as clinical work he hopes to engage in policy development and continuing education

Alf Barnett Scholarship is awarded for an RPN enrolled in a Masters or Doctoral program.

Not awarded

John Kellie Scholarship is awarded to a 3rd year student in the baccalaureate program at Brandon University with a minimum GPA of 3.0

Joslin Mamuruc



Joslin is a third year BScPN student in Brandon, who hails from the Philippines. She started work in Canada in retail where she developed excellent communication skills. Joslin has also been a research assistant for Health Studies and was cited as an Outstanding Female Student during International Women's Day. She participates in a number of volunteer activities related to mental health and hopes to work with the immigrant population.

YOUR DONATIONS MAKE IT HAPPEN!

The Registered Psychiatric Nurses' Foundation Inc. is able to provide the scholarships through the generosity of many donors and the sound investments of the board of directors managed through a permanent endowment fund. The sustainability of these scholarships will only be possible through continued donations.



The RPNF is a charitable foundation and issues a tax deductible receipt for all donations over \$10.00.

(Receipts are issued by the end of February each year)

The RPNF Scholarships, Awards of Excellence and other foundation activities are funded directly through the return on investments and your donations.

"DONATION" or "IN MEMORIAM" cards are available on request from the RPNF!

Donations can be made on line at the RPNF website.

www.rpnf.ca

or donate directly to Canada Helps:

<https://www.canadahelps.org/en/dn/18488>

The RPNF is pleased to announce that donations may now be made by etransfer at info@rpnf.ca

Thank you
for your
support!



Marlene Fitzsimmons Scholarship is awarded to a RPN presenting a paper at a conference or enrolled in a certificate program.



Stephanie Lukin

Presented a paper at the Early Psychosis Intervention Ontario Network conference in Toronto on Early Intervention needs of a rural region.

National Scholarships:

John Alex Crawford Scholarship is awarded to a RPN in Canada enrolled in a Masters or Doctoral program.



Stacy (Hanson) Dahise

Stacy is from Surrey, BC, is researching the experiences and perspectives of psychiatric nurses with patient deaths due to drug overdose. She will explore, through interviews, how patient death affect the professional and personal life of nurses. She hopes the thought-provoking conversations will affect education, leadership and policy changes to support nurses, and in turn improve patient care.

Annette Thorimbert Osted Scholarship – awarded to a 3rd or 4th year student enrolled in a baccalaureate program in psychiatric nursing in Canada, with a minimum GPA of 3.0.



Janaya Rieger

Janaya is a fourth-year student in the BScPN at the Winnipeg site. She describes herself as a mature student who worked in the restaurant industry where she developed leadership, coordination and decision-making skills which she feels will benefit her in psychiatric nursing practice. Janaya also volunteered on the Bike Ride for the MS Society and was a teaching and research assistant during her BA at U of W. Her career goals are to work in the field of addictions and to develop prevention programs.

McCormick/Henry Scholarship: awarded to a RPN in Canada who is taking further studies in seniors' mental health at the graduate level (MA or PhD) or through an accredited certificate program. Scholarship Recipients

Karla Wlock



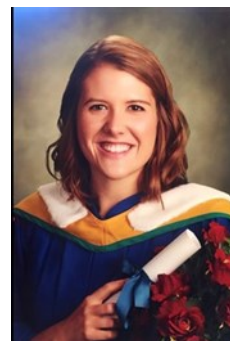
Karla is researching the moral distress among psychiatric nurses working in acute psycho geriatric units. Her research will address the question "What are the Lived Experiences of Psychiatric Nurses working in Acute Psychogeriatric units?" She hopes to identify the resources psychiatric nurses use in confronting moral distress and influence education and policies on ways to support psychiatric nurses on psychogeriatric units experiencing moral distress.

RPNF Medal of Excellence

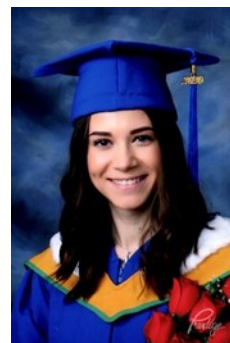
The Registered Psychiatric Nurses' Foundation, Inc. is pleased to announce its first awards of the RPNF Medal of Excellence this year. The Medal had been previously awarded by the College of Registered Psychiatric Nurses of Manitoba to two recipients graduating from the BScPN Program (Brandon Campus and Winnipeg Campus) who consistently demonstrate leadership, academic excellence and clinical proficiency.

Following changes in the CRPNM mandate, the RPNF agreed to assume responsibility for awarding the Medals in 2020.

Congratulations to Shelby Eng and Taylor Maida, this year's recipients.



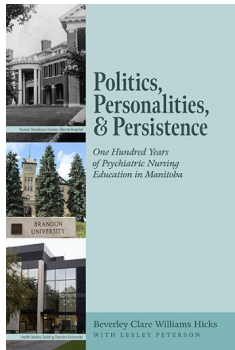
Shelby Eng



Taylor Maida



Fundraising



Politics, Personalities, and Persistence

One Hundred Years of Psychiatric Nursing Education in Manitoba by [Beverley Clare Williams Hicks](#)

Politics, Personalities, and Persistence tells the story of the evolution of registered psychiatric nursing in the province of Manitoba. This comprehensive account traces the distinct profession's transition from the asylums of Manitoba, where for seventy years psychiatric nurses had cared for the mentally ill when few others were interested in them, to the halls of academia in Brandon University in 1986, the first university in Canada to grant a baccalaureate degree to psychiatric nurses.

This specialty began in the asylums and took further shape in this small prairie university on the banks of the Assiniboine River courtesy of the energy and vision of many dedicated individuals who believed in the legitimate place of psychiatric nursing in the health-care field and pushed hard for its recognition. What makes this story unique is that the emergence of psychiatric nursing in Manitoba—and indeed in Western Canada—countered the established practice of the general nursing regulatory bodies, who viewed psychiatric nursing as a specialty to be pursued at the graduate level. At times this created tension between the two groups.

Politics, Personalities, and Persistence draws on documentary records from Manitoba archives, as well as the personal recollections and colourful reminiscences of key players. It explores the legal recognition of psychiatric nursing, challenges to its place in the nursing community, and the role of government policies in the development of the profession.

Beverley Hicks' masterful tale of psychiatric nursing in Manitoba is a detailed, rich description of the birth of one program over the course of 100 years. The creation of a profession from a practice is instructive to anyone associated with post-secondary education. Hicks' story should be read with interest by anyone in post secondary fields, professionals, and government officials. What makes the story more compelling is the long and twisted tale of how Brandon University became the first university in the country to offer a Bachelor's degree in psychiatric nursing. It then became the first in Canada to offer a Master's degree in the same field. Dr. David Docherty, President and Vice-Chancellor, Brandon University

Coming Soon!

Politics, Personalities, and Persistence will be available in the FriesenPress Bookstore soon.

The book's listing preview is now on the FriesenPress bookstore! Here is the direct link:

<https://books.friesenpress.com/store/title/119734000111648248>

Once published, part of the proceeds will be donated to the Registered Psychiatric Nurses Foundation.

RPNF

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Thank you!



Welcome to new staff

Audrey German



Great news! The Foundation has entered into a service agreement with Audrey German, for Administrative Assistant services.

"I have been an administrative assistant (secretary) for 40 years. My career started in the Finance and Health departments of the Provincial Government where I held several positions for 9 years. In 1990 I was hired by the Manitoba Adolescent Treatment Centre where I worked in various departments for 26 years, retiring in 2016.

In September, 2000 I became the administrative support for the Nurses Recruitment & Retention Fund (on a part-time contact basis), and still hold that position.

I have 3 grown children and 5 grandchildren. My hobbies over the years have included ceramics (for which I have won several awards), folk art painting, watercolour painting, and scrapbooking. For leisure during the summer months my husband (of 45 years) and I enjoy our seasonal camping spot by Pinawa, MB where we partake in boating, fishing, tubing and, for the most part, relaxing.

I look forward to working with the Registered Psychiatric Nurses Foundation."

Kathe Meseman



The RPNF has also entered into a service agreement with Kathe Meseman to assist with our accounting needs. Kathe has 25 years of experience in bookkeeping and accounting for small and medium size enterprises, as well as the non-profit sector. Kathe is the owner of AKA Management Inc. and is proficient in Quickbooks, Simply Accounting and Profile for personal and corporate income tax preparation. Kathe is currently the Financial Officer at Film Training

Manitoba, New Media Manitoba, Volunteer Manitoba and other non-profit organizations as well as for Profit organizations, in addition to her work with the RPNF. Kathe is involved in charitable volunteerism and serves on the Board of Directors for Winnipeg's Westland Foundation, which provides post-secondary scholarships for inner Winnipeg students.



RPN ACCOMPLISHMENT



Chief Karen Batson, RPN, BScMH, BGS, MEd, Chief of Pine Creek First Nation played a pivotal role in the recent development and signing of an MOU transferring control of health care services from the federal government to local First Nations communities. As part of the Southern Chiefs' Organization (SCO) along with Grand Chief Jerry Daniels, the signing took place in Winnipeg on June 18, 2020 with Minister of Indigenous Services Canada, Marc Miller. The goal of this agreement is to ensure that required services and health care gaps are filled in a manner that meets the needs of the 34 communities included in this jurisdiction. The service model parallels that of British Columbia's First Nations Health Authority, which has been successfully implemented in BC.

The Brandon Sun quotes Chief Batson as saying, "The current system is not working for First Nations People. The health-care system was designed to provide care typically based on a medical model and colonial values. When we look at the bigger picture, health and social determinants with First Nation communities, those have direct impact of overall health and well-being." Chief Batson noted that factors such as housing, education, employment and health-service deficits all impact physical health, mental health and overall well-being, adding that the signing of the agreement enables "partnerships and a new health-care structure that is culturally safe, community-led and responsive to the true health needs of First Nations people in southern Manitoba. " (SCO, Feds Reach Health-Care Agreement, Brandon Sun, June 19, 2020).

Karen Batson has been a psychiatric nurse for over 30 years, working in in-patient facilities, in community, private practice and teaching at BU Health Studies Department prior to becoming Chief of Pine Creek First Nation. She has travelled extensively as part of her leadership role, teaching and researching indigenous health care models, and has presented to the United Nations.

Congratulations Karen on your recent accomplishment.



JUNE WAS NATIONAL INDIGENOUS HISTORY MONTH



In June, Canadians celebrate National Indigenous History Month to honour the history, heritage and diversity of Indigenous peoples in Canada. It is also an opportunity to recognize the strength of present-day Indigenous communities.

National Indigenous History Month is a time for learning about, appreciating and acknowledging the contributions First Nations, Inuit and Métis people have made in shaping Canada.

The Government of Canada recognizes the importance and sacred nature of cultural ceremonies and celebrations that usually occur during this time. While celebrations and events for National Indigenous History Month may be different this year than those in the past, we can still share and learn from stories, traditions and culture in new ways that keep us together and connected.

